



## starters & light fare iii

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### YOGURT BANANA SMOOTHIES Δ

**purple power** | acai, blueberry, flax | 9

**spa** | kale, pineapple, cucumber | 8

**sunshine** | orange, mango, pineapple, carrot & coconut water | 9

**balance** | ginseng, melon, chia seed, basil | 8

**summer** | strawberry, blossom honey, orange, aloe | 9

add protein, spirulina or bee pollen | 2

### LOCH DUART SCOTTISH SMOKED SALMON

toasted bagel, watercress & traditional condiments | 25

### HOUSE MADE FRUIT & NUT GRANOLA Δ

skim milk & seasonal berries | 17

### TREE & VINE RIPENED FRUIT Δ

locally made yogurt, honey & seasonal berries | 16

### ORGANIC STEEL CUT OATS Δ

irish gold seal oats, raisins & brown sugar | 15

## entrees iii

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### CHICKEN & WAFFLES

crispy buttermilk chicken, fried eggs & belgian waffles with ancho maple glaze | 23

### CHILE VERDE BURRITO

braised pork, scrambled eggs, green chile, queso, black beans, ancho sauce, salsa, sour cream & green onion | 19

### AVOCADO TOAST

grilled artisan bread crostini with crushed avocado, fried duck egg, lemon oil, cracked black pepper & smoked salmon crackling's | 26

### SPA BREAKFAST

egg whites, spinach, roasted tomatoes, hand cured bacon & fresh mozzarella on grilled flatbread | 20

### TAVERN BREAKFAST Δ

two farm fresh brown eggs any style & skillet potatoes with apple smoked bacon, house cured ham or country sausage | 19

### EGGS BENEDICT

poached eggs with house cured ham or spinach & roasted tomatoes on buttermilk biscuit with hollandaise & skillet potatoes | 23

### CHILAQUILES Δ

fried eggs, ancho corn tortillas, refried black beans & chile verde | 19

### CORN BEEF HASH Δ

black angus corned beef brisket with poached organic brown eggs, yukon potatoes & pearl onions | 25

### OMELET BY DESIGN Δ

choice of cheese, peppers, mushrooms, onions, tomato, ham, spinach, bacon or sausage with skillet potatoes & grilled tomato | 20

### BELGIAN WAFFLES

candied walnuts, black strap molasses, marshmallows, nutella & vermont maple syrup | 19

### ALPINE BERRY BUTTERMILK PANCAKES

select mountain & western berries | 17

### BRIOCHE FRENCH TOAST

strawberry cream cheese, marcona almonds, vermont maple syrup | 19

## breakfast bakery iii

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### PASTRY BASKET

today's selection of breakfast bakeries with preserves & farm butter | 9

### TOASTER

toast | white, wheat, oatnut, biscuit or english muffin | 3  
toasted bagel with cream cheese | 5

## sides iii

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country pork sausage 5

applewood smoked bacon 5

sautéed spinach & asparagus 7

skillet potatoes 4

chicken sausage 5

seasonal berries 5

grilled tomato 3

organic eggs 6

## early libations iii

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### SNOWBUNNY

rum chata, tuaca, disaronno with a splash of soda | 14

### RUM FASHIONED

ron zacapa, woodford spiced cherry bitters, simple syrup, orange twist, luxardo cherry | 14

### KIR ROYALE

prosecco & chambord | 12

### ESPRESSO MARTINI

starbucks espresso, vanilla vodka, house simple syrup | 16

### T2 BLOODY MARY

ketel one, house bloody mary mix, candied bacon, pickled vegetables | 18

### DIRTY SNOWMAN

rumple minze, vanilla vodka, house made hot cocoa | 16

tavern